



**GREENVILLE  
HEALTH SYSTEM**  
Department of Psychiatry  
& Behavioral Medicine

Presents



**SOUTHEASTERN SYMPOSIUM  
ON MENTAL HEALTH**

**Southeastern Symposium on Mental Health  
Translating Research into Practice and Policy: Trends in  
Adult Psychiatry**

**Friday and Saturday, May 6 & 7, 2016  
Hyatt Regency, Greenville, South Carolina**

Sponsored by

GHS Clinical University Partners



**GREENVILLE  
HEALTH SYSTEM**



**UNIVERSITY OF  
SOUTH CAROLINA**



**CLEMSON  
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## *Executive Planning Committee*

Chair – Sharon M. Holder, PhD, MSc, MSW  
Co–Chair – Kenneth Rogers, MD, MSPH, MMM

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Mr. Hurschell Mathews (CME), Eunice Peterson, MD, Mr. Robbie Shoenleben, Ms. Lauren Smith–Nagel,  
Ms. Jennifer Walker (AHEC), Calvert Warren, MD

## *Faculty*

**Miles Ardaman, MD** – Assistant Professor, University of South Carolina School of Medicine–  
Greenville (USCSOM–G), Greenville, SC

**Bridget Barron, RN–BC, BSN** – Nursing Service Director, PATHS Psychiatric & Addictions  
Therapeutic Healing Services, Hendersonville, NC

**Stephanie Berg, MD** – Palmetto Health Behavioral Day Program and Palmetto Health Perinatal  
Mental Health Clinic, Columbia, SC

**Thomas W. Britt, PhD** – Professor of Psychology, Social and Organizational Psychology (SOP)  
Research Team, Clemson University, Clemson, SC

**Sean Christensen**, Medical Student–University of South Carolina School of Medicine–  
Columbia (USCSOM–C), Columbia, SC

**Karen Cooke, MSW, LISW–CP**– Manager of Clinical Therapies/ PHP and IOP, Greenville  
Health System, Greenville, SC

**Kenneth Dority** – Executive Director, National Alliance for Mental Illness (NAMI) Greenville,  
SC

**Cheryl J. Dye, PhD** – Professor, Department of Public Health Sciences, Clemson University,  
Clemson, SC

**Julius R. Earle Jr., MD** – Director of Psychiatry Residency Program & Vice Chair of Quality,  
Greenville Health System (GHS) Department of Psychiatry Behavioral Medicine, University of  
South Carolina School of Medicine–Greenville (USCSOM–G), Greenville, SC

**Al Edwards, MD** – Director of Greenville Mental Health Center, State Department of Mental  
Health (DMH), Greenville, SC

**Ginger DeFrancesch, MA** – Director of Outpatient Services, Carolina Center for Behavioral  
Health, Greenville, SC

**Honorable Debora Faulkner** – Judge, Greenville County Probate Court, Greenville, SC

**Tierney Gallagher, MA** – Chief Medical Officer Liaison, Greenville Health System, Greenville, SC

**Robert Gereige**, Medical Student– University of South Carolina School of Medicine–Columbia (USCSOM–C), Columbia, SC

**Sara Griffin, MPH, PhD** – Associate Professor, Department of Public Health Sciences, Clemson University, Clemson, SC

**Benjamin F. Griffeth, MD** – Vice Chair of Psychiatry for Academics, Assistant Professor, University of South Carolina School of Medicine–Greenville, (USCSOM–G), Greenville, SC

**John B. Hartman II, DMin** – Director, Pastoral Care & Education, Greenville Health System, Greenville, SC

**Jim Hayes, MD** – Member, NAMI Board of Directors, Greenville, SC

**Brooks Heard** – ACPE Supervisor Candidate, Palmetto Health, Columbia, SC

**Victor A. Hirth, MD, MHA, FACP, AGSF**, Professor of Clinical Internal Medicine, Chief, Division of Geriatrics, Palmetto Health, Columbia, SC

**Sharon M. Holder, PhD, MSc, MSW**, Embedded Research Scientist, Greenville Health System Department of Psychiatry and Behavioral Medicine, Greenville, SC, Research Assistant Professor, Department of Public Health Sciences & Institute of Family and Neighborhood Life, Clemson, SC

**Meenu Jindal, MD** – Medical Director of the GHS Internal Medicine Clinic (IMC) and Professor at University of South Carolina School of Medicine–Greenville (USCSOM-G), Greenville, SC

**Richard Jones, MA, MBA** – Executive Director, FAVOR Greenville, Greenville, SC

**Becky Kay** – Survivors of Suicide Facilitator, Mental Health America of Greenville County, Greenville, SC

**Norman Kim, PhD** – National Director for Program Development, Reasons Eating Disorder Center (CA) and Center for Change, Orem, UT

**Kevin E. Kip, PhD** – Distinguished Health Professor and Executive Director, Research Center University of South Florida, Tampa, FL

**Daniel Lampignano, MD, MS** – Psychiatry Resident, University of South Carolina School of Medicine–Greenville (USCSOM–G), Greenville, SC

**Jean Ann Lambert, MRC**– Community Resource Director, Mental Health America of SC, Columbia, SC

**Brian LeDuc, MD**– Psychiatry Resident, University of South Carolina School of Medicine–Greenville (USCSOM–G), Greenville, SC

**Alan Lyne, LISW, CADC–II, CCS** – Training Director, The Phoenix Center of Greenville, Greenville, SC

**Vladimir Maletic, MD, MS** – Clinical Professor of Psychiatry and Behavioral Science, University of South Carolina School of Medicine–Greenville (USCSOM-G); Chair, Program Committee, U.S. Psychiatric and Mental Health Congress, Greenville, SC

**Fredric Mau, LPC, DCC, DMin, MA, MDiv, BCH** – Watermark Hypnosis & Brief Counseling, Columbia, SC

**Stuart Mauney, JD** – Gallivan, White & Boyd P.A., Greenville, SC

**Phil Mehler, MD** – Executive Medical Director & Chief Medical Officer of Eating Recovery Center, Denver, CO

**Kenneth C. Miller** – Chief of Police, Greenville Police Department, Greenville, SC

**J. David Moore, MD** – Assistant Professor of Psychiatry, University of South Carolina School of Medicine–Greenville (USCSOM–G), Greenville, SC

**Stacey L. Owens** – Captain, Criminal Investigations Division, Crisis Intervention Team/ Training Coordinator, Greenville Police Department, Greenville, SC

**Eunice Peterson, MD** – Assistant Professor, University of South Carolina School of Medicine–Greenville (USCSOM–G), SESMH Program Chair, Greenville, SC

**Jennifer R. Piver** – Executive Director, Mental Health America of Greenville County, Greenville, SC

**John Roberts, MD** – Medical Director, Pavillon, Mill Spring, North Carolina; Assistant Professor of Psychiatry, Medical University of South Carolina, Charleston, SC

**Taral R. Sharma, MD, MBA** – Clinical Assistant Professor, University of South Carolina School of Medicine–Greenville (USCSOM–G), Senior Psychiatrist, Patrick B. Harris Psychiatric Hospital, Anderson, SC

**Roy Smith, MD** – Board Certified in Addiction Medicine and Family Medicine and Provides Medical Care to Patients at Pavillon, Mill Spring, NC

**Jennifer Z. Snow, MBA** – Director of Accountable Communities, Greenville Health System, Greenville, SC

**Kurt Stutler, MDiv** – Pastor and Director of the South Main Chapel & Mercy Center, Anderson, SC

**Darin Thomas, LMSW**– Healthy Outcomes Plan Social Worker, Greenville Health System, Greenville, SC

**Calvert Warren, MD** – Director of Psychiatric Emergency Services, Assistant Professor of Psychiatry, University of South Carolina School of Medicine–Greenville (USCSOM–G), Greenville, SC

### *Welcome*

Welcome to the Southeastern Symposium on Mental Health. This program provides an opportunity for stakeholders to collaborate across disciplines and share research findings utilizing evidence-based outcomes in order to improve patient-centered care. Our goal is to promote awareness about mental health issues, reduce stigma and discrimination, improve equity for mental health care comparable to other health care, and inform public policy. This event will provide a regional and national platform for the significant challenges and common struggles associated with living with mental illness. In 2016, our primary stakeholders include South Carolina, North Carolina and Georgia. In the future, we will expand our geographic region to include Alabama, Florida, Kentucky, Tennessee and Virginia. The Southeastern Symposium on Mental Health will advance the welfare of our communities by improving access to mental health care, knowledge and education. We are excited about the diversity of our program and the culmination of our collaborative efforts. We look forward to your participation in this pivotal event.

### **PROGRAM OBJECTIVES:**

In the constantly changing world of mental health, it is essential to stay abreast of new developments and treatments. This program will enable the psychiatrist and the primary care physician, as well as other healthcare professionals, to do the following:

- Develop synergistic relationships among healthcare professionals, stakeholders, caregivers, academicians and community partners.
- Foster dialogue and promote awareness of current trends in mental health practice, treatment and research.
- Encourage mental health advocacy and work towards the eradication of the stigma and discrimination surrounding mental illness and mental health treatment.
- Improve access to mental healthcare through dissemination of information and resources with the goal of achieving equity for mental healthcare comparable to other healthcare.
- Inform public policy and educational initiatives that promote awareness about mental health issues.

## ACCREDITATION

### **Physicians**

The Greenville Health System (GHS) designates this live activity for a maximum of *12.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Greenville Health System is accredited by the South Carolina Medical Association to provide continuing medical education for physicians.

**Please Note:** The Thursday Pre-Conference credit of 1.5 is included in the total 12.25 for the Symposium.

### **Psychologists**

GHS is approved by the American Psychological Association to sponsor continuing education for psychologists. GHS maintains responsibility for the program and its content. This activity is approved for a maximum of 12.25 APA credits.

**Successful completion of the program requires attendance for at least 90 percent of the course and a completed evaluation by the participant.**

**Social Workers** This program has been approved non-social work continuing education by Upstate AHEC, as part of the SC AHEC system, under its accreditation by the SC Board of Social Work Examiners.

Pre-Conference Event, Thursday, May 5, 2016	0.15 CEUs (1.5 clock hours)
Day 1, Friday, May 6, 2016	0.63 CEUs (6.3 clock hours)
Day 2, Saturday, May 7, 2016	0.43 CEUs (4.3 clock hours)

**Licensed Professional Counselors and Therapists** This program has been approved for continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

Pre-Conference Event, Thursday, May 5, 2016	0.15 CEUs (1.5 clock hours)
Day 1, Friday, May 6, 2016	0.63 CEUs (6.3 clock hours)
Day 2, Saturday, May 7, 2016	0.43 CEUs (4.3 clock hours)

**Others** This program is approved by Upstate AHEC and meets the SC AHEC Best Practice Standards.

Pre-Conference Event, Thursday, May 5, 2016	0.15 CEUs (1.5 clock hours)
Day 1, Friday, May 6, 2016	0.63 CEUs (6.3 clock hours)
Day 2, Saturday, May 7, 2016	0.43 CEUs (4.3 clock hours)

**Emergency Medical Technicians** This program has been approved for the following hours of continuing education by the South Carolina Department of Health and Environmental Control for all levels of certified emergency medical technicians in South Carolina.

**Pre-Conference Event May 5, 2016: 1.5 CEUs – Mental Health**

**Symposium Day One May 6, 2016: 6.25 CEUs – Mental Health**

**Symposium Day Two May 7, 2016: 4.25 CEUs – Mental Health**

## **EVALUATIONS AND CREDIT ATTESTATION**

**For Physicians,** an online Symposium Evaluation QR code and web link will be placed within the envelope that you receive upon signing in at the Symposium registration table. The online evaluation must be completed and submitted for CME credit to be processed and recorded by GHS within 30 days from the date of the event. After that date, the evaluation will be removed from the evaluation site and no credit can be awarded to the attendee. Certificates will be emailed to the email address on file with the CME office within 14 days after the link closes.

**For Advanced Practice Providers,** an online Symposium Evaluation QR code and web link will be placed within the envelope that you receive upon signing in at the Symposium registration table. Advanced Practice Providers can be awarded a certificate of attendance at a CME activity, but cannot be awarded physician CME credit. The Online Evaluation must be completed and submitted for attendance credit to be processed and recorded by GHS within 30 days from the date of the event. After that date, the evaluation will be removed from the evaluation site and no attendance credit can be awarded to the attendee. Attendance Certificates will be emailed to the email address on file with the CME office within 14 days after the link closes.

## **SPECIAL EVENTS**

### **Friday Dinner with Guest Speaker, Mariel Hemingway**

Please join us Friday, May 6, for a dinner reception beginning at 6:30 p.m. This is a ticketed-event (\$60/person) and *is not* included in the main registration cost for the Symposium. Attendees will have the opportunity to network and participate in a silent auction to benefit the **National Alliance of Mental Illness (NAMI) Greenville**. We will have musical entertainment, and a vignette portrayed by GHS employee Ann Lewis regarding the realities of living with a loved one with mental illness.

At 7:30 p.m., Mariel Hemingway, Academy Award Nominated Actress, Best Selling Author, & Tireless Mental Health Advocate will be speak on her first-hand experience growing up with mental illness in her family, and what she hopes to accomplish being an advocate for mental health.

## **Saturday Luncheon with Guest Speaker, Former Congressman Patrick J. Kennedy**

Symposium attendees who have registered for the full, two days of the symposium will be able to attend the Saturday luncheon at no extra cost. Our honored guest speaker for the Saturday Luncheon will be Former Congressman and Mental Health Advocate, Patrick J. Kennedy. He will discuss mental healthcare on a national and policy level with the understanding of mental illness on a far more personal level.

The cost for non-registrants attending only the Luncheon is \$60/person. For additional information, please contact the Southeastern Symposium on Mental Health at [info@sesmh.org](mailto:info@sesmh.org).

## **ACCOMMODATIONS**

At the Hyatt Regency Greenville, you will enjoy a dynamic mix of Southern style and urban luxury. The Hyatt Regency Hotel in downtown Greenville, SC is a resort and meeting destination in the heart of our city. With elegant spaces and sleek décor, Hyatt Regency Greenville is a relaxing, yet vibrant retreat designed for the modern traveler. The Hotel offers a sparkling outdoor pool and fitness center. This award-winning hotel is the perfect place to work, relax, eat, meet, play and explore the culture of our energetic city. Indulge in local, organic cuisine at Roost, meet for cocktails at Orb Lounge, or enjoy a refreshing drink on our sun deck. From vineyards to entertainment centers, the most interesting sights and activities in Greenville are just steps away.

**The room block can only be reserved through April 14, 2016, so please make your reservations early. When you call to make your reservation, be sure to tell the Hyatt staff that you are attending the Southeastern Symposium on Mental Health to receive the discounted rate of \$169.** For reservations, contact the Hyatt Regency Greenville (220 N. Main Street, Greenville, SC 29601) at **(864) 235-1234** or register online at the site designated for Symposium attendees at <https://aws.passkey.com/event/13849730/owner/50157/home>.

## **SURROUNDING HOTELS**

In the event that our room block at the Hyatt Regency Greenville is full, there are other hotels in the area that you can review at [http://www.tripadvisor.com/Hotels-g54258-Greenville\\_South\\_Carolina-Hotels.html](http://www.tripadvisor.com/Hotels-g54258-Greenville_South_Carolina-Hotels.html).

## **IN APPRECIATION**

The Southeastern Symposium on Mental Health was partially funded through a Patient-Centered Outcomes Research Institute (PCORI) Engagement Award Initiative – GHS-1910. The content does not necessarily represent the views of the Patient-Centered Outcomes Research Institute (PCORI), its Board of Governors, or Methodology Committee.

Additionally, the Symposium is partially sponsored by GHS Clinical University Partners, The Carolina Center for Behavioral Health, NAMI Greenville, Pavillon, and Blue Cross Blue Shield of South Carolina.



A complete list of supporting companies will be available on site and is listed in the Symposium syllabus.

The Symposium Chair thanks the Executive Committee Members, Committee Chairs and all the volunteers for their participation and generous support.

## **SYMPOSIUM COORDINATORS**

Sharon M. Holder, PhD, MSc, MSW, Symposium Chair  
Kenneth Rogers, MD, MSPH, MMM, Symposium Co–Chair  
Eunice Peterson, MD, Program Planning Committee Chair  
Amanda Gillespie, BA, Symposium Coordinator

## **EXHIBITS**

*A wide variety of companies, from Pharmaceutical Companies to Mental Health Agencies, will be exhibiting at this year's Symposium. Many of these companies consistently support Greenville Health System's educational efforts. Please help express your appreciation to them by visiting their exhibit booths and tables. The support received from our exhibitors helps to keep the registration cost lower for all Symposium attendees.*

*To encourage interaction with exhibitors, there will be a door prize system that benefits both you and the exhibitor. **Your participation in this door prize activity is totally voluntary.** For those who wish to participate, please have the exhibitor initial your door prize card when you visit an exhibit. The door prize cards are labeled for each day of the Symposium and are given to you at the Symposium registration desk when you sign in. To be eligible to win, you must visit at least eight exhibitors daily, obtain their initials on the back of the card, and place that day's door prize card in the collection box outside the door to the lecture room. Please place all door prize cards in the box one hour before the close of each day. A drawing will take place in the main lecture room at the close of each day. **You must be present in the main lecture room to win.***

**Exhibit spaces continue to be reserved by company representatives up until two weeks before the Symposium. Companies that have already indicated their intentions to exhibit appear below:**

Acadia Healthcare  
Alkermes  
Allergan  
AltheaDx  
Alzheimer's Association  
Alpha Genomix Laboratories  
Blackhurst Family  
BlueCross/BlueShield of South Carolina  
CooperRiis  
Eating Recovery Center  
FAVOR, Greenville  
Genomind, Inc.  
GHS Clinical University Partners  
Mental Health America  
NAMI Greenville  
Old Vineyard Behavioral Health Services  
Otsuka US/PsychU  
Pavillon  
South Carolina Psychiatric Association

Springbrook Behavioral Health System  
Sunovion

Takeda Pharmaceuticals U.S.A., Inc.  
The Carolina Center for Behavioral Health  
This Is My Brave  
Three Rivers Behavioral Health

## Program

**Southeastern Symposium on Mental Health**  
Translating Research into Practice and Policy: Trends in Adult Psychiatry

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Hyatt Regency Greenville  
Friday and Saturday, May 6 & 7, 2016

### **Pre-Conference Event – Thursday, May 5, 2016 Studio B & C (Upstairs)**

#### **Topic: *Building Bonds, Breaking Barriers: Voices of the Underserved***

5:30 – 6:00 pm	Arrival and Entertainment (Hors d'oeuvres)
6:00 – 6:10 pm	Welcome and Introductions Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co-Chair
6:10 – 6:50 pm	Programs Addressing The Plight of the Underserved Ken Dority, Executive Director, Greenville, National Alliance on Mental Illness (NAMI)
6:50 – 7:40 pm	Crisis Intervention Training (CIT) Program Speakers: Ken C. Miller, Chief of Police, Greenville Police Department, & Stacey L. Owens, Captain, Criminal Investigations Division/Crisis Intervention Team/Training Coordinator, Greenville Police Department
7:40 – 8:00 pm	Entertainment and Networking
8:00 pm	Adjourn

## **Symposium Day 1 – Friday, May 6, 2016**

### **AM Poster Session in Exhibit Room until 12:50 pm**

#### **Plenary Session**

Regency Ballroom

7:00 – 8:30 am	Registration
8:00 – 8:30 am	Continental Breakfast & Registration Exhibit Room – Regency Ballroom A & B
8:30 – 8:35 am	Welcome and Introduction – Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co–Chair
8:35 – 8:40 am	Introduction of Keynote Speaker – Mr. John H. Magill, State Director, South Carolina Department of Mental Health (DMH)
8:40 – 10:00 am	Depression and Comorbid Medical Illness: Towards Integrated Care – Regency Ballroom C  <b>Keynote Speaker: Dr. Meera Narasimhan</b> , Professor of Neuropsychiatry and Behavioral Science, University of South Carolina School of Medicine – Columbia (USCSOM-C), Columbia, SC; Medical University of South Carolina, Charleston, SC
10:00 – 10:20 am	BREAK (Located in the Exhibit Room along with Poster Session)

#### **Concurrent Sessions (Please select one presentation for each session.)**

##### **Session 1 – AM Breakout**

#### **Clinical Track**

Moderator:

Sammie Tate, RN

10:20 – 11:20 am

Primary Care and Behavior Health Integration: Prospects and Challenges – (Limit: 100; Regency Ballroom C)

1st Floor

**Speaker: Meenu Jindal, MD**

Accelerated Resolution Therapy (ART): An Emerging Evidence–Based Therapy for Treatment of Post–Traumatic Stress Disorder (PTSD) and Related Comorbidities – (Limit: 50; Dogwood Room)

**Speaker: Kevin E. Kip, PhD**

Identification and Treatment of Mood Disorders in the Perinatal Period – (Limit: 60; Magnolia Room)

**Speaker: Stephanie Berg, MD**

Physical Pain Alleviation: Effective Hypnotic Treatments –  
(Limit: 50; Redbud-A Room)  
**Speaker: Fredric Mau, LPC, DCC, DMin, MA, MDiv, BCH**

## **Community Track**

Moderator:  
10:20 –11:20 am

Bonnie Brown, LISW–CP, CEAP

What Do You Do When Your Anti–depression Medicine isn't working? – (Limit: 50; Gardenia Room)

**Speaker: David Moore, MD**

Complex Grief of Those Who Lost a Loved One To Suicide –  
(Limit: 35; Azalea Room)

**Speaker: Becky Kay**

Neurobiology of Substance Use Disorders – (Limit: 16; Board Room)

**Speaker: Roy Smith, MD**

Mental Healthcare Disparities: New Alternatives and Resources –  
(Limit: 35; Think Tank – 2<sup>nd</sup> Floor)

**Speaker: Ken Dority, Executive Director NAMI Greenville**

## **Session 2 – AM Breakout**

### **Clinical Track**

Moderator:  
11:25 am –12:25 pm

Dr. Michael Catalana

Algorithmic Identification of Media and Category Preferences in those with Neurocognitive Disorders – (Limit: 100; Regency Ballroom C)

**Speaker: Sean Christensen, Robert Gereige, Victor Hirth, MD**

The Subjective Nature of the Religious Experience and Aversion to Mental Health Treatment – (Limit: 50; Redbud-A Room)

**Speaker: John B. Hartman II, DMin**

Best Practices for Prompt Follow–up – (Limit: 50; Dogwood Room)

**Speaker: Ginger DeFrancesch, MA**

## **Community Track**

Moderator:  
11:25 am –12:25 pm

Darin Thomas, LMSW

Creating a Community Where Faith and Mental Illness Meet –  
(Limit: 50; Gardenia Room)

**Speaker: Kurt Stutler, MDiv**

Peer-Based Co-Occurring Disorder Recovery Coaching: A New Paradigm – (Limit: 30; Think Tank – 2<sup>nd</sup> Floor)

**Speaker: Richard Jones, MA, MBA**

Question, Persuade, Refer (QPR) For Suicide Prevention – (Limit: 35; Azalea Room) (*1-Hour Certification Workshop*)

**Speaker: Jean Ann Lambert, MRC**

12:25 – 1:25 pm

**LUNCH (Gallery A, 2<sup>nd</sup> Floor)**

**PM Poster Session in Exhibit Room starts at Lunch time until 5:30 pm**

Drawing for Door prizes, distribution of paper evaluations to those who do not wish for credit and instructions given to those wanting to obtain credit

## **Plenary Session**

Regency Ballroom

1:30 – 1:35 pm

Introduction of Keynote Speaker– Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co-Chair

1:35–2:35 pm

Why is Bipolar Disorder a Cardio-Metabolic Risk? – Ballroom C

**Keynote Speaker: Dr. Vladimir Maletic**, Clinical Professor of Neuropsychiatry and Behavioral Science, University of South Carolina School of Medicine–Greenville (USCSOM-G)

2:35– 2:40 pm

Introduction of Keynote Speaker– Beth Riley, MSW, LISW-CP, CEDS Founder and Director, The Riley Center

2:40 – 3:40 pm

Recent Findings in Anorexia and Bulimia – Ballroom C

**Keynote Speaker: Dr. Phil Mehler**, Executive Medical Director & Chief Medical Officer of Eating Recovery Center

3:40 – 3:55 pm

**BREAK (Exhibit Room along with Poster Session)**

## **Concurrent Sessions**

### **Session 3 – PM Breakout**

#### **Clinical Track**

Moderator:

Dr. Lynda Sykes

4:00– 5:00 pm

Adult ADD and Co-occurring Substance Use Disorders: What is it? How do you diagnose it? How do you treat it? – (Limit: 100; Regency Ballroom C)

**Speaker: John Roberts, MD**

Mental Health and the Returning Warriors – (Limit: 50; Redbud-A Room)

**Speaker: Benjamin F. Griffeth, MD**

Update on Practice Guidelines for the Psychiatric Evaluation of Adults – (Limit: 50; Dogwood Room)

**Speaker: Julius Earle, MD**

Employing the Use of Light Therapy, Melatonin, and Vitamin D in the Treatment of Neuropsychiatric Diseases: Shining the Light–An Update – (Limit: 50; Magnolia Room)

**Speaker: Miles Ardaman, MD**

## **Community Track**

Moderator:

4:00– 5:00 pm

Dr. Helene Cook

Psychiatric Crisis 911....Where? – (Limit: 50; Gardenia Room)

**Speaker: Bridget Barron, RN–BC, BSN**

Mental Health Ethics: Mapping the Terrain – (Limit: 30; Think Tank 2<sup>nd</sup> Floor)

**Speaker: Jim Hayes, MD and Steve Williams, JD**

Using Focus Groups and Qualitative Research to Keep Outcomes Patient–Centered (Stakeholders) – (Limit: 18; Board Room)

**Speaker: Cheryl Dye, PhD and Sarah F. Griffin, MPH, PhD**

Addressing Socioeconomic and Psychosocial Barriers in a Patient–Centered Medical Neighborhood Model – (Limit: 35; Azalea Room)

**Speaker: Jennifer Snow, MBA, Tierney Gallagher, Darin Thomas, LMSW**

## **Main Ballroom**

### **DINNER**

**Honored Speaker, Mariel Hemingway**

6:30 – 7:30 pm

Networking and Silent Auction

7:30 – 8:00 pm

Introduction of Dinner Speaker – Mary Giliberti, JD  
Chief Executive Officer, NAMI

**Title: Out Came the Sun**

**Mariel Hemingway** – Prolific Author, Healthy Lifestyle Brand Entrepreneur, and a Tireless Mental Health Awareness and Suicide Prevention Program Advocate.

8:00 – 8:30 pm

NAMI Community Advocate Award  
Presenter - Mary Giliberti, JD, Chief Executive Officer, NAMI

8:30 –10:30 pm Musical entertainment, and a vignette – The Struggles of Mental Illness – **Portrayed by Ann Lewis**

## **Day 2 – Saturday, May 7, 2016**

AM Poster Session in Exhibit Room until 12:50 pm

6:45 am Registration Desk will be open

7:00 – 7:45 am 12– Step Open Recovery Meeting – (Limit: 18; Board Room)  
**Facilitators – Lauren Smith–Nagel and Paton Blough**

### **Plenary Session** Regency Ballroom

8:00 – 8:30 am Continental Breakfast and Registration – Regency Ballroom A & B

8:30 – 8:35 am Welcome – Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co–Chair

8:35 – 8:40 am Introduction of Keynote Speaker – Lauren Smith–Nagel

8:40 – 10:00 am Integrating Treatment for Substance Use and Co–Occurring Disorders (COD) – Regency Ballroom C  
**Keynote Speaker: Dr. John Roberts**

10:00 – 10:20 am **BREAK** – Exhibit Room along with Poster Session

### **Concurrent Sessions (Please select one presentation for each session.)**

#### **Session 1 – AM Breakout**

##### **Clinical Track**

Moderator: Mary Irby, MSW

10:20 –11:20 am

Treating the Agitated Patient: Cases and Caveats – (Limit: 50; Dogwood Room)

**Speaker: Calvert Warren, MD**

Intervening to Reduce the Stigma and Encourage the Support of Soldiers Seeking and Remaining in Mental Health Treatment – (Limit: 30; Think Tank, 2<sup>nd</sup> Floor)

**Speaker: Thomas W. Britt, PhD**

Obamacare and Mental Health, What's the Big Deal? – (Limit: 150; Redbud Room)

**Speaker: Kenneth Rogers, MD**

## **Community Track**

Moderator:

10:20 –11:20 am

Brailun Peters

Suicide Prevention: Everyone Has a Role – (Limit: 35; Azalea Room)

**Speaker: Jennifer R. Piver**, Executive Director of MHA Greenville

Mental Health: Patients, Families and Caregivers Working with the Probate Court – (Limit: 50; Magnolia Room)

**Speaker: Judge – Debora Faulkner**, Greenville County Probate Judge

Using Focus Groups and Qualitative Research to Keep Outcomes Patient-Centered (Providers) – (Limit: 18; Board Room)

**Speaker: Eunice Peterson, MD, Karen Cooke, MSW, LISW-CP, Sharon M. Holder, PhD, MSc, MSW**

Understanding Unique Qualities of African American Grief and Spirituality in the Behavioral Health Setting – (Limit: 50; Gardenia Room)

**Speaker: Brooks Heard**

## **Session 2 – PM Breakout**

### **Clinical Track**

Moderator:

11:25 am – 12:25 pm

Glenda Hayes

The Body Remembered; the Brain Reacts: Clinical Applications of Understanding the Underlying Connections Between Eating Disorders and Trauma – (Limit: 50; Dogwood Room)

**Speaker: Norman Kim, PhD**

Lincoln's Hat: Local Trends and Integration in Community Mental Health Treatment Service Delivery – (Limit: 50; Redbud Room)

**Speaker: Al Edwards, MD**

Scopolamine for Management of Extrapiramidal Side Effects as a Result of Antipsychotic Medication Use: A Case Report and Brief Review of Literature – (Limit: 24; Think Tank, 2<sup>nd</sup> Floor)

**Speaker: Daniel Lampignano, MD, MS and Taral R. Sharma, MD, MBA**

Occupational Hazard: When Doctors or Lawyers Get Depressed – (Limit: 50; Gardenia Room)

**Speaker: Stuart Mauney, JD**



## Community Track

Moderator:

11:25 am – 12:25 pm

Sharon Holder (Chair)

Mental Health Roundtable: Advocacy in Action! – (Limit: 16; Board Room)

**Facilitator: Brian LeDuc, MD**

Using Focus Groups and Qualitative Research to Keep Outcomes Patient-Centered (Community) – (Limit: 35; Azalea Room)

**Speaker: Cheryl Dye, PhD and Sarah F. Griffin, MPH, PhD**

The Family Transformation Model for Women and Children – (Limit: 50; Magnolia Room)

**Speaker: Alan Lyme, LISW, CADC-II, CCS**

## Plenary Session & Luncheon

### Main Ballroom

12:30– 12:35 pm

Welcome – Mr. Michael C. Riordan, President and Chief Executive Officer, Greenville Health System

12:35–12:40 pm

Introduction of Keynote Speaker – Richard (Dick) W. Riley, former U.S. Secretary of Education

12:40 – 1:40 pm

**Title: My Journey: Making Mental Health Essential Health –**  
Regency Ballroom C

**Keynote Speaker: The Honorable Patrick J. Kennedy,** former U.S. Representative and Mental Health Advocate

1:45 – 1:55 pm

Conclusion – Dr. Sharon Holder, Symposium Chair and Dr. Eunice Peterson, Symposium Program Chair

1:55 – 2:10 pm

Closing Remarks – Dr. Windsor Westbrook Sherrill, Associate VP for Health Research, Professor, Public Health Sciences & GHS Chief Science Officer

2:10 – 2:20 pm

Drawing and Announcement of Door prizes – Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co-Chair

2:30 pm

**Adjourn**

**Registration Information  
For  
Healthcare Professionals attending for Credit**

For Symposium registration and payment by credit card, please visit  
<http://university.ghs.org/cme/conferences>.

For Healthcare Professional Registration Information: Contact the GHS CME Office at  
864-455-3546 or [cme@ghs.org](mailto:cme@ghs.org)

For Program Information: Contact the GHS Dept. of Psychiatry at 864-455-7808 or  
[info@sesmh.org](mailto:info@sesmh.org)

**Please Note:** To be pre-registered means that both registration and payment have been received by April 30, 2016.

Please pay by Credit Card when registering for the Symposium on-line, at the following registration link:  
<http://university.ghs.org/cme/conferences>.

If you wish to attend the Friday Dinner with Guest speaker, Mariel Hemingway, the registration website above will direct you to go to a separate link once you have finished registration. The link to secure and pay for your Friday Evening Dinner Reservation is <http://www.ghs.org/events/>, beginning March 18<sup>th</sup>.

**Registration:**

**2-Day Physician & Non-physician Healthcare Professionals**

Early registration (pmt. received by 04/01/16)	\$300 _____
Regular registration (pmt. received between 04/02/16 & 04/30/16)	\$350 _____
Onsite registration (May 5 and 6)	\$400 _____

**1-Day Physician & Non-physician Healthcare Professionals**

**(Indicate your choice of which day below.)** \$275 \_\_\_\_\_

Friday, May 6, 2016

Saturday, May 7, 2016

**Resident Physicians and Medical Students – One- and Two-day Registration**

Two day registration	\$125 _____
One day registration	\$ 50 _____

## Special Events

**Pre-Conference Event** (Thursday Evening, May 5, 5:30 – 8:00 pm) \$0 \_\_\_\_\_  
One Guest: \_\_\_\_\_

### **Dinner with Guest Speaker, Mariel Hemingway**

**For Evening Dinner Reservation, please go to:** <http://www.ghs.org/events/>

Silent Auction to benefit NAMI Greenville  
(Friday, May 6, 6:30–10:30 p.m.) \$60 \_\_\_\_\_  
One Guest – Name of Guest \_\_\_\_\_ \$60 \_\_\_\_\_

#### **Menu choices (Indicate one choice):**

- \_\_\_\_\_ Chicken
- \_\_\_\_\_ Salmon
- \_\_\_\_\_ Vegetarian

### **Luncheon with Guest Speaker, Patrick J. Kennedy**

(Saturday, May 7, 12:25–1:45 p.m.)  
Registered as an Attendee of the Symposium \$0 \_\_\_\_\_  
(Full 2–day registration or 1–day Saturday registration)  
One Guest – Name of Guest \_\_\_\_\_ \$60 \_\_\_\_\_

#### **Menu choices (Indicate one choice):**

- \_\_\_\_\_ Chicken
- \_\_\_\_\_ Vegetarian

TOTAL \$ \_\_\_\_\_

**If you have any special needs** that require specific accommodations to fully participate in this Symposium (includes any hearing, vision or physical limitations), please contact Amanda Gillespie at 864-455-7808 or [info@sesmh.org](mailto:info@sesmh.org).

**Sign-in will begin Friday, May 6, at 6:30 a.m.** For those who have pre-registered, all that will be necessary is to provide us with your signature on the sign-in sheet and to pick up your program book and envelope containing tickets, nametag and door prize cards.

**Cancellation Policy:** Refunds, minus a \$100 administration fee, will be made upon written request to Amanda Gillespie at [info@sesmh.org](mailto:info@sesmh.org), if received on or before April 18th. No refunds after that date will be granted, except for dire circumstances.