

**SOUTHEASTERN SYMPOSIUM ON MENTAL HEALTH**  
**Mental Health Collaborations:**  
**Diversity and Inclusion - Research, Education, and Practice**

**Pre-Conference & Reception**  
**Thursday May 17, 2018**

**Collaborative Approach to Engaging Patients, Caregivers and Community**

<b>5:30 pm – 5:45 pm</b>	<b>Opening &amp; Welcome</b>	Rosebud A
<b>5:45 pm – 6:30 pm</b>	Symposium Reception	Rosebud A
<b>6:30 pm – 6:35 pm</b>	<b>Introduction of Speaker</b>	Rosebud A
<b>6:35 pm – 6:50 pm</b>	<b>Mark Weist, PhD</b> Professor, Department of Psychology, University of South Carolina	Rosebud A
<b>6:50 pm – 6:55 pm</b>	<b>Introduction of Speaker</b>	Rosebud A
<b>6:55 pm – 7:10 pm</b>	<b>Speaker: Elisabet Rainey, MD</b> Veteran's Administration Psychiatrist	Rosebud A
<b>7:10 pm – 8:30 pm</b>	<b>Entertainment and Networking</b>	Rosebud A

**DAY 1 – Friday May 18, 2018**

<b>8:00 am – 8:10 am</b>	<b>Welcome and Open of Symposium</b>	Regency
<b>8:10 am – 8:15 am</b>	<b>Introduction of Plenary Speaker</b>	Regency
<b>8 :15 am – 9:15 am</b>	<b>Plenary:</b> John Magill State Director South Carolina Department of Mental Health	Regency

<b>Clinical Track Breakout Sessions</b>		
<b>Session 1</b> 9:30 am – 10:30 am	Delirium Tremors – A Rapid Response <b>Presenter: Erin Fitzpatrick, MSN, RN-BC</b>	Dogwood
	Building a Suicide Care Pathway in a Behavioral Health System <b>Presenter: Alex Karydi, PhD</b>	Rosebud A
<b>10:30 am – 11:00 am</b>	<b>Break– Exhibits</b>	
<b>Session 2</b> 11:00 am – 12:00 pm	Ed/Psych Collaboration – A Model for Increased Positive Patient Outcomes <b>Presenters: Bridget Barron, BSN, RN-BC Mike Cavacos, MSN, CCC</b>	Dogwood
	Assessment and Management of the Agitated Patient in the Emergency Department <b>Presenter: Calvert Warren, MD</b>	Rosebud A
<b>Plenary Session</b>		
<b>12:00 pm – 12:15 pm</b>	<b>Introduction of Lunch Plenary Speaker</b>	
<b>12:15 pm – 1:15 pm</b>	Tragedy in the Sanctuary <b>Plenary Speaker: Deborah Blalock, MEd, LPCS</b> Deputy Director, SCDMH Community Mental Health Services	Regency
<b>1:30 pm – 1:35 pm</b>	<b>Introduction of Plenary Speaker</b>	Regency
<b>1:35 pm – 2:35 pm</b>	<b>Plenary Speaker: Elisabeth Houtsmuller, PhD</b> Associate Director PCORI, Healthcare Delivery and Disparities Research	Regency
<b>2:35 pm – 2:40 pm</b>	<b>Introduction of Plenary Speaker</b>	Regency
<b>2:40 pm – 3:40 pm</b>	Mental Illness and Murder <b>Plenary Speaker: Donna Maddox, MD</b> Forensic Psychiatrist	Regency
<b>3:40 pm – 4:00 pm</b>	<b>Break</b>	<b>Exhibit Room</b>
<b>Session 3</b> 4:00 pm – 5:00 pm	Speechless for Six Months: Hypnosis for Conversion Issues and Body Effects <b>Presenter: Frederic Mau, NCC, LPC, DCC, D.Min., M.A.</b>	Dogwood
	A Comparison of Impulsivity, Anxiety sensitivity, and on suicidal self-injury characteristics among patient with several	Redbud A

	types of simple phobia. <b>Presenter: Safiye Bahar Olmez, MD</b> <b>Ahmet Ataoglu, MD</b> <b>Adnan Ozcetin, MD</b>	
<b>5:00 pm – 5:30 pm</b>	<b>Break - Exhibits</b>	
<b>5:30 pm – 6:30pm</b>	<b>Poster Session</b>	Exhibit Hall
<b>Dinner</b>		
<b>6:30 pm – 7:20 pm</b>	<b>Meet the Author &amp; Book Signing</b> <b>Rebecca Schaper</b>	Regency Hall Way
<b>7:20 pm – 7:30 pm</b>	<b>Welcome</b>	Regency
<b>7:30 pm – 7:40 pm</b>	<b>Introduction of Dinner Speaker</b>	Regency
<b>7:40 pm – 8:30 pm</b>	<b>Keynote Speaker:</b> <b>Thomas R. Insel, MD</b> Co-founder and President Mindstrong Health	Regency

## DAY 1 – Friday May 18, 2018

<b>8:00 am – 8:10 am</b>	<b>Welcome and Open of Symposium</b>	Regency
<b>8:10 am – 8:15 am</b>	<b>Introduction of Plenary Speaker</b>	Regency
<b>8 :15 am – 9:15 am</b>	<b>Plenary: John Magill</b> State Director South Carolina Department of Mental Health	Regency
<b>Community Track Breakout Sessions</b>		
<b>Session 1</b> <b>9:30 am – 10:30 am</b>	<b>Panel Discussion</b> Cindy Cambron, JD Chair	Rosebud B & C
	Mental Health, Substance Use Disorder, and Opiate Crisis Intervention <b>Presenters: Karen Lommel, DO, MHA, MS</b> <b>Richard L. Jones, MA, MBA</b> <b>Hubert Yarborough, BS, NCPPS</b>	Rosebud B & C
	A Sister's Journey: Love, Hope and Compassion in the Face of Schizophrenia <b>Presenters: Rebecca Schaper</b>	Azalea
<b>10:30 am –11:00 am</b>	<b>Break– Exhibits</b>	
<b>Session 2</b> <b>11:00 am – 12:00 pm</b>	<b>Panel Discussion</b> John Mauldin, JD Chair	Rosebud B & C
	The Promise: Ten Key Components of Treatment Courts <b>Presenters: Charles Simmons, JD</b> <b>Caroline Horlbeck, JD</b>	Rosebud B & C
	Is the United States Exporting Mental Health Stigma? <b>Presenter: Benjamin Griffeth, MD</b>	Gardenia

## Plenary Session

<b>12:00 pm – 12:15 pm</b>	<b>Introduction of Lunch Plenary Speaker</b>	Regency
<b>12:15 pm– 1:15 pm</b>	Tragedy in the Sanctuary <b>Plenary Speaker:</b> <b>Deborah Blalock, MEd, LPCS</b> Deputy Director, SCDMH Community Mental Health Services	Regency
<b>1:30 pm – 1:35 pm</b>	<b>Introduction of Plenary Speaker</b>	
<b>1:35 pm –2:35 pm</b>	<b>Plenary Speaker:</b> <b>Elisabeth Houtsmuller, PhD</b> Associate Director PCORI, Healthcare Delivery and Disparities Research	Regency
<b>2:35 pm – 2:40 pm</b>	<b>Introduction of Plenary Speaker</b>	
<b>2:40 pm – 3:40 pm</b>	Mental Illness and Murder <b>Plenary Speaker: Donna Maddox, MD</b> Forensic Psychiatrist	Regency
<b>3:40 pm – 4:00 pm</b>	<b>BREAK - Exhibit Room</b>	
<b>Session 3 4:00 pm – 5:00 pm</b>	The Utility of the Biopsychosocial Model in Treatment Adherence from a Health Psychology Perspective <b>Presenters: Lize Tibirica, MS</b> <b>Ronnie Lee, BS</b> <b>Andrew Lima, MS</b> <b>Samantha Behbahani, PsyD</b>	Gardenia
	Mental Illness in Teens and Young Adults <b>Presenter: Torri Shack</b>	Magnolia
<b>5:00 pm – 5:30 pm</b>	<b>Break - Exhibit Room</b>	

<b>5:30pm – 6:30pm</b>	<b>Poster Session</b>	<b>Exhibit Hall</b>
<b>Dinner</b>		
<b>6:30 pm – 7:20 pm</b>	<b>Meet the Author &amp; Book Signing Rebecca Schaper</b>	Regency Hallway
<b>7:20 pm – 7:30 pm</b>	<b>Welcome</b>	Regency
<b>7:30 pm – 7:40 pm</b>	<b>Introduction of Dinner Speaker</b>	Regency
<b>7:45 pm – 8:30 pm</b>	<b>Keynote Speaker: Thomas R. Insel, MD Co-founder and President Mindstrong Health</b>	Regency

## DAY 2 – Saturday, May 19, 2018

7:00 am – 8:00 am

Open Recovery Meeting

Think Tank

### Plenary Session

8:00 am – 8:15 am

**Welcome**  
**Introduction Plenary Speaker**

Regency

8:15 am – 9:15 am

The Opioid Overdose Epidemic and Its Relationship to HCV Infection  
**Plenary Speaker – Alain Litwin, MD, MPH**  
GHS, Vice Chair of Academics & Research, Department of Medicine

Regency

9:15 am – 9:20 am

BREAK – Located in the Exhibit Room

Exhibit Hall

### Clinical Track Breakout Sessions

**Session 4**  
9:20am – 10:20 am

Mental Health and Individuals with Intellectual Disabilities: Using Knowledge From the Past and Present, to Guide the Future  
**Presenters: Kristina Randall, MEd**  
**Joseph B. Ryan, PhD**  
**Nicole Benvenuto, B.S.**

Dogwood

Stigma of Mental Illness among African American Communities: Increasing Awareness and Providing Culturally Competent Care  
**Presenters: Frank Clark, MD**  
**Jennifer Clark, DNP, PMHNP**

Rosebud A

10:20- 10:25 am

Break- Exhibits

**Session 5**  
10:25pm – 11:25 pm

Overcoming Obstacles in the Treatment of Loss of Control Eating: Strategies for Identifying & Treating Patients  
**Presenters: Ralph Carson, PhD**

Dogwood

The Relationships Among the Symptom Severity, Impulsivity and Anxiety Sensitivity in patient with Social Phobia  
**Presenter: Safiye Bahar Olmez, MD**  
**Ibrahim Burak Olmez, MD**

Magnolia

<b>11:25 am – 11:30 pm</b>			<b>Break- Exhibits</b>		
<b>Session 6</b> <b>11:30 pm – 12:30 pm</b>	Psychiatric ED Patient Holds and the Usage of Telepsychiatry for Interim Stabilization <b>Presenters: Timothy Depp, MD</b> <b>Kyle Embertson, MD</b> <b>Lancer Scott, MD, FACEP</b>				Dogwood
	Employing Focus Group and Qualitative Research to Keep Outcomes Patient-Centered <b>Presenters: Karen Cooke, LISW-CP</b> <b>Eunice Peterson, MD</b>				Boardroom
<b>12:30 pm – 12:40 pm</b>			<b>Break - Exhibits</b>		
<b>Luncheon</b>					
<b>12:40 pm – 12:45 pm</b>	<b>Welcome</b> <b>Introduction Plenary Speaker</b>				Regency
<b>12:45 pm – 12:50 pm</b>	<b>Introduction of Luncheon Keynote Speaker</b>				Regency
<b>12:50 pm – 1:50 pm</b>	<b>Luncheon Keynote Speaker</b> <b>Elizabeth Vargas</b> 20/20 ABC Co-anchor and Award Winning Journalist				Regency
<b>1:50 pm – 2:20 pm</b>	<b>Award and Recognition</b>				Regency
<b>2:20 pm – 2:30 pm</b>	<b>Drawing/Announcement of prizes</b>				
<b>2:30 pm – 3:30 pm</b>	<b>Closing remarks</b>				Regency
<b>3:30 pm</b>	<b>Adjourn</b>				



## DAY 2 – Saturday, May 19, 2018

<b>7:00 – 8:00 am</b>	<b>Open Recovery Meeting</b>	Think Tank
<b>Plenary Session</b>		
<b>8:00 – 8:15 am</b>	<b>Welcome</b> <b>Introduction Plenary Speaker</b> Karen Lommel, DO, MHA, MS GHS Behavioral Health Chief Medical Officer Division Chief of Emergency Psychiatry Departments of Emergency Medicine and Academic Psychiatry	Regency
<b>8:15 am – 9:15 am</b>	The Opioid Overdose Epidemic and Its Relationship to HCV Infection <b>Plenary Speaker – Alain Litwin, MD, MPH</b> GHS, Vice Chair of Academics & Research, Department of Medicine	Regency
<b>9:15 am – 9:20 am</b>	<b>BREAK – Located in the Exhibit Room</b>	

## Community Track Breakout Sessions

<b>Session 4</b> <b>9:20 am – 10:15 am</b>	Family Recovery and Co-Occurring Disorders: An Overview <b>Presenter: Richard L. Jones, MA, MBA</b>	Rosebud B & C
	Exploring Patient and Stakeholder Perspective on School Behavioral Health <b>Presenters: Tristan Collier, BS</b> <b>Victoria Collier, MEd</b>	Gardenia
<b>10:20 am – 10:25 am</b>	<b>Break- Exhibits, Poster Sessions</b>	
<b>Session 5</b> <b>10:25 am – 11:25 am</b>	Screening, Brief Intervention, and Referral to Treatment (SBIRT) Project and Services in the Internal Medicine Clinic and GHS <b>Presenter: Meenu Jindal, MD</b>	Azalea
	Organ Recitals and Mind Games <b>Presenters: James Hayes, MD</b> <b>Linda Hayes, RN</b>	Rosebud A
<b>11:25 am – 11:30 am</b>	<b>Break- Exhibits</b>	

<b>Session 6</b> 11:30 am – 12:30 pm	Alcoholism and Drug Addiction in Haitian Schools: When Haitian High Consumes <b>Presenter: Tamara Pierre, BS</b>	Rosebud A
11:30 am – 12:30 pm	Substance Abuse and Opioid Crisis: How Did We Get Here, What's Going On and What Are We Planning To Do? <b>Presenter: Taral Sharma, MD</b> <b>Jessica Patrizi, BS</b>	Gardenia
12:30 pm – 12:40 pm	<b>Break - Exhibits</b>	
<b>Luncheon</b>		
12:40 pm – 12:45 pm	<b>Welcome</b> Karen Lommel, DO, MHA, MS GHS Behavioral Health Chief Medical Officer Division Chief of Emergency Psychiatry Departments of Emergency Medicine and Academic Psychiatry	Regency
12:45 pm – 12:50 pm	<b>Introduction of Luncheon Speaker</b> Darcel Grimes ABC – WLOS News Anchor	Regency
12:50 pm – 1:50 pm	<b>Luncheon Speaker</b> <b>Elizabeth Vargas</b> 20/20 ABC Co-anchor and Award Winning Journalist	Regency
1:50 pm – 2:20 pm	<b>Award and Recognition</b> Presenters: Karen Cook, LISW-CP Ken Dority, Executive Director NAMI, Greenville Bill Lindsey, Executive Director NAMI, South Carolina	Regency
2:20 pm – 2:30 pm	<b>Drawing/Announcement of prizes</b> <b>Eunice Peterson, MD</b> Program Chair	Regency
2:30 pm – 3:30 pm	<b>Closing remarks</b> <b>Sharon Holder, PhD., MSc., MSW</b> Symposium Chair <b>Eunice Peterson, MD</b> Program Chair, <b>Windsor Sherrill, PhD., MHA, MBA</b> Chief Science Officer, GHS Associate VP for Health Research Professor of Public Health Sciences, Clemson University	Regency
3:30 pm	Adjourn	